

A development process for improving team performance and individual capacity through understanding and applying emotional intelligence scales.

What will you get out of this process?

- An understanding of emotional intelligence and why it is so important in building individual potential and team capacity
- An understanding of how to improve a team's performance
- A process for individual team members to reflect upon and develop their own emotional intelligence
- Plans for the team to work together on improving their effectiveness
- The opportunity for individual coaching



Who is this for?

- For established teams who wish to take themselves forward to higher levels of performance
- For established teams who feel they may be 'stagnating' or who have issues to resolve
- For new or about to be formed, teams who want to work effectively together and establish productive patterns

How will this happen?

- Through on-line questionnaires with report back, coaching opportunities (group and individual) and three interactive facilitation days
- The process begins with on-line questionnaires completed by individual team members. Two back to back days explore the issues and themes raised by the questionnaires
- A later follow up day brings the team back together to explore and evaluate progress

Duration: 3 days

Location: Delivered at your site or in partnership with others

Price: £2500 for 12 people



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