

Activity 26:

Reviewing my learning

Aim: → To review the learning so far

Resources: None

Time: 10 minutes

Instructions:

Explain the importance of 'down' time for the brain. We all need an opportunity to make personal sense of the learning that is going on and each person's learning may be slightly different. That's fine - we are all different and new learning connects to our old learning. We must create as many opportunities as possible to review the learning. Use the 3 questions below to reflect on the day so far.

What have I learnt?

Where can I use this?

What else do I need to know?

This can be recorded in the Peer Tutor booklet.

Learning to be drawn from this activity:

- ✓ We are designed to forget information. We would find it too distracting if we remembered absolutely everything that happened to us. We need to review in order to make sure we remember it for future use.
- ✓ Reviewing helps us to get in touch with what we have actually learnt and how we might use it in the future, rather than just remembering the activity we have done.
- ✓ There are many ways to review learning. Reviewing activities are essential to help to connect and store information.
- ✓ As Peer Tutors, you can encourage learners to review their learning