

# UFA Young People End of Activity Survey



Your Name

The course or event name

Name of School/Organisation

Date

Postcode of School/Organisation

## 2. Overall, how much have you enjoyed your time on this course? (Please tick one box only)

- Enjoyed a lot       Enjoyed       A little       Not sure       Not at all

## 3. Have you taken part in similar UFA courses before? (Please tick only one box)

- Never       A few times e.g. 1-5       Lots of times

## 4. Were there times during this course when you felt like giving up? (Please tick one box only)

- Often       Once       Sometimes       Occasionally       Never

## In the following questions, please think about how much you agree or disagree with the statement. (Please tick one box only)

	No, disagree Strongly	No disagree	Not sure	Yes agree	Yes, strongly agree
5. The course challenged me to do things I have not done before	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. I feel more able to face challenges in the future	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. I was able to keep going when things got hard	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. I found I became really absorbed by the course	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. I will be able to use some of the skills I have learnt here in other places	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. I had to use different ideas to meet the challenges in the activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. I learnt some new problem solving activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. The activities made me think more about the world around	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. I had the opportunity to be imaginative or inventive during the activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



**In this section please think about how much you agree with the statement.  
(please tick ONE box only)**

	No, disagree Strongly	No disagree	Not sure	Yes agree	Yes, strongly agree
14. I learnt more about my strengths and weaknesses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. The course helped me to learn about setting goals and making plans	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. I had to adapt my ideas to get things done	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. I improved the way I organised myself to get things done	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. I believe the course I have done helped me to become a better learner	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. I improved my team work skills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. I had to work with other people to get the challenges done	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. I found I learnt a lot by watching others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. I improved my confidence to communicate my ideas to others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. I learnt more about caring for others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**9. This activity helped me to ... (Please tick as many as apply)**

- |                                      |                       |  |                       |
|--------------------------------------|-----------------------|--|-----------------------|
| Get on with other people             | <input type="radio"/> | Solve problems better                        | <input type="radio"/> |
| Communicate better with other people | <input type="radio"/> | Keep going when things are hard              | <input type="radio"/> |
| Believe in myself more               | <input type="radio"/> | Reflect about myself more                    | <input type="radio"/> |
| Do things I have not done before     | <input type="radio"/> | Understand how I can learn in different ways | <input type="radio"/> |

**10. Please describe three things you have learnt from this course**

**11. Describe one important thing you have learnt about yourself**



**13. Your age**

- 8-10       11-13       14-16       17-19

Other (please specify)

**14. I am...**

- Female       Male

**15. Do you have free school meals?**

- Yes       No

**The following questions are about your Ethnicity (these categories are used by government census. ( Please tick only one box that applies, or use the 'other' box.**

**Asian or Asian British:**

- Bangladeshi  
 Indian  
 Pakistani  
 Chinese  
 Asian other (please specify)

**Black or Black British**

- African  
 Caribbean  
 Black other (please specify)

**Mixed Heritage:**

- White and Black Caribbean  
 White and Black African  
 White and Asian  
 Other ethnic group

**White:**

- White British  
 White European  
 White Irish  
 Other (please specify)

**12. If you would like to stay in touch with UFA and join our national network of young people 'YoUFA' or hear more about it, then write down your email address or Facebook contact address and we will be in touch. These details will be kept confidential and secure. Thank you.**

Thank you for taking the time to complete this survey!