



Starter

Take as many as you need...

- Individual
- Pairs
- Small group
- Whole group

Uses: This is a novel way to ignite a bit of curiosity. It also encourages participants to get to know each other.

Resources: Create a slide or poster for the discussion frame. Get a range of small, coloured, unwrapped sweets; skittles are useful for this. One small saucer of sweets for each group (do not put too many in).

Time: 5-10 minutes.

What to do:

1. Give each group a small saucer of sweets. Ask participants to take as many as they need. Tell them you are aware that you have given them a vague instruction, but to bear with it and interpret it as they would like. Ask them to be aware of how they are making their decision about how many to take.
2. Invite discussion about how people made their decision. Reinforce that we all make decisions based on our personal needs; personalities; wants; dislikes and likes. There is no 'right' way to do it.
3. Once they have their sweets, introduce the frame for the group discussion:
4. Introduce yourself and tell your group ...
 - If you took **NONE**, give a short summary of your day so far.
 - If you took **ONE**, mention one way you hope today will be useful to you.
 - If you took **TWO**, mention two strategies you use to help you learn.
 - If you took **THREE** mention three things that stop you from learning.
 - If you took **FOUR** or more, describe what you would like to be doing in ten years from now.

Make it different:

- You can change the discussion frame to suit whatever topic you may be covering..

Points to make:

- We are all different and it is OK to be you.
- To any situation we bring our own personalities, likes and dislikes etc. Just because we expect people to behave in a particular way doesn't mean that they will.
- We should accept the diversity of responses we get from other people and not think our response is the only acceptable one.

