



Starters

5 lists in 5 minutes

- Individual
- Pairs
- Small group
- Whole group

Uses: This is useful for getting teams to work together in short time frames. It helps participants to think creatively and laterally.

Resources: One sample sheet included. Alternatively, participants can create their own frame on a sheet of flipchart paper; this allows you to use your own categories.

Time: 10 minutes.

What to do:

1. Participants work in small groups to complete the team challenge: complete as many of the five lists in five minutes as you can.

Resource sheet list:

- Ten red things.
 - Ten things that don't exist.
 - Ten things you learned last time.
 - Ten things you couldn't get twenty years ago.
 - Ten ways to adapt a pair of walking boots.
2. Others you might like..
 - Things you wouldn't give a teenager for their birthday.
 - Things you can do with a paper clip.
 - Consequences of the colour red disappearing.
 - Things you can't buy.
 - Consequences of chocolate only being available on prescription.
 - Things invented by Leonardo Da Vinci.

Make it different:

- Lists can be made longer or shorter.
- You can have a scoring system to add a competitive edge to this activity; two points for an answer no other team has; one point for an answer another team also has. Note: this will be a bit more time consuming.

Points to make:

- Explore through discussion how difficult or easy participants found the task.
- You can open up your creative thinking by practicing it; we can get trapped in thinking in routine ways.
- Team effort is often more productive than on your own, especially if time is limited.

You have five minutes to complete all the lists!

Red things...	
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

Things which don't exist...	
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

Things you learnt from the last lesson...	
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

Things you could not get twenty years ago...	
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

Ways to adapt a pair of walking boots to improve them...	
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	