



## Team Builders Foil fun!

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- Individual
- Pairs
- Small group
- Whole group

**Uses:** This is a creative, problem-solving activity best done in small groups of no more than three or four people.

**Resources:** Plenty of aluminium tinfoil cut into rectangles; the larger 'turkey roaster' rolls work best.

**Time:** 20-30 minutes.

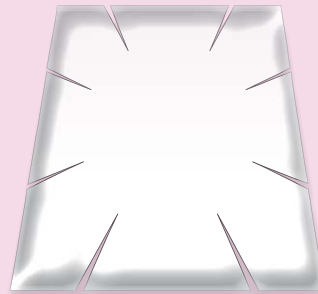
### What to do:

1. Participants should work ideally in trios. Each trio is given two sheets of tinfoil. Their challenge is to create two animals from the material. One animal must be a horse and the other is up to them.
2. We suggest you give them a time limit of about fifteen – twenty minutes to complete the task. However, you may wish to adjust this to suit your group and their particular needs. Remember, you can learn as much from not meeting the challenge as from meeting it.

#### For your information only:

Tear or cut the foil as in the picture.  
The corner sections become the legs.  
The top and bottom sections become the head and tail.  
The side sections fold together to become the body.

Lots of pressing, bending and moulding later!



### Make it different:

This idea of using tinfoil can be used and adapted for all sorts of activities and exercises; ice-breakers and warm-ups. Aluminium baking foil is a wonderful material for model-making. Baking foil is clean, looks great when put on display, and is very easy to clear up. Most people will not have tried using it before, so it's very new, interesting and stimulating.

Aside from the ideas below, you can use baking foil for any exercise that you might use newspapers for, especially construction exercise like towers and bridges, etc. Baking foil is also very inexpensive and easy to prepare in advance and to issue to teams and groups. It is particularly good for exploring concepts that are intangible and not easy to write down or talk about.

Here are some other simple ideas for baking foil exercises. Structure the group to suit the situation and the timings and outcomes you'd like to prompt and discuss. Some of these ideas are mainly for fun; others are more useful in terms of addressing and visualising people's personal, and organisational challenges and solutions:

- Make an animal that represents yourself.
- Make a tree.
- Make a tree with fruit and things hanging from the branches that represent you as a person.
- Make a garden with plants and tools that represent your family, team, organisation.
- Build a set of farmyard animals.
- Build a farmyard.
- Create a set of African safari animals.
- Build a famous bridge or building.
- Build a school.
- Make a picture of learning.
- Build the highest tower or strongest bridge.
- Make a baking foil plane - one that flies for a few feet when you launch it from standing on a chair.

## Points to make:

Explore through discussion how the group achieved the challenge or why they didn't.

- Did making two animals help in any way?
- What were their emotional responses to this task?
- How did working together help or hinder them?
- What does it feel like to compromise your ideas?
- How does the group feel about their animals after looking at other groups' animals.

