



Team Builders

Recipe for success!

- Individual
- Pairs
- Small group
- Whole group

Uses: To allow for discussion about team effectiveness through the metaphor of a recipe.

Resources: Paper and pens.

Time: 10-20 minutes.

What to do:

1. Explain that the group are going to make a 'recipe' for good team work.
2. They will need to think of what ingredients are required and in what quantities. You might want to make reference to real recipes e.g. grammes etc and/or encourage other quantities such as 'bucket load of enthusiasm' or 'pinch of realism'.
3. They will also need to think of the method of combining these ingredients, in what order etc.
4. Allow time for the group to think of their ideas and write their recipe.
5. At the end of the time read out and/or display the recipe.

Make it different:

- Provide a list of ingredients to start with that they can add to/change etc. You may also want to provide a writing frame for this activity.

Points to make:

- Using metaphor is a powerful tool for learning.

