



Team Builders

Pass the can

- Individual
- Pairs
- Small group
- Whole group

Uses: To work as a large team of fifteen to support and encourage each other to complete a set task.

Resources: Several large empty tins (catering-size baked bean tins are good).

Time: 10-15 minutes.

What to do:

1. The whole team sits in a circle on chairs.
2. The idea is for the group to work as a whole team to pass the can around the circle from one to another until it returns to its starting point. Each time the tin is dropped it has to return to the starting person.
Rounds can be based on passing the can...
....using no hands
....using arms only.
3. Several cans can be passed at the same time, perhaps in opposite directions.

Make it different:

- An alternative could be to break the large group into two teams and compete against each other in a race to pass the can.

Points to make:

- Everyone needs to work as a team and encourage and support each team member as their strategy develops and they try to repeat it.
- Everyone needs to be encouraging rather than critical of those team members who are finding the task more difficult.
- Planning how to complete tasks might be helpful so the whole team understands what to do.