



Team Builders

Create a storm

- Individual
- Pairs
- Small group
- Whole group

Uses: Great for 'gelling' the group together and whole-group concentration and co-operation.

Resources: None.

Time: 5 minutes.

What to do:

1. Stand or sit in a circle The leader explains that the group is going to create a storm by using sound effects.
2. The leader tells the story and passes the sound effect around the circle. Each person joins in one by one and carries on doing that sound effect until they are passed a new one.
3. "It was still and quiet in the forest."
4. "A gentle breeze was heard." (The leader rubs hands together gently and then passes the effect to the right).
5. When about three quarters of the group are doing this "The wind blew harder", (rub hands more vigorously).
6. "A patter of rain was heard". (Tap fingers on palm of hand).
7. "The rain fell more heavily." (Clapping).
8. "It began to thunder." (Stamp feet).
9. " Then the rain lessened". (Clapping).
10. "And died away." (Tapping fingers).
11. "Until all that was left was the sound of the wind in the trees. (Rub hands getting quieter).
12. "And then that stopped and there was silence in the forest again". (Show empty hands).

Make it different:

- Use different sounds or even vocal sounds instead.
- Use percussion instruments.
- Try it with eyes closed!

Points to make:

- How difficult was it to keep doing your sound when others were doing something different?
- It takes the whole group working together to create the storm properly.

