



Icebreakers

Make a date!

This activity was shared by author and teambuilding guru, Dr. Jim Cain. For more great ideas to build unity, community, connection and teamwork, visit www.teamworkandteamplay.com

- Individual
- Pairs
- Small group
- Whole group

Uses: This is a versatile process that can be used as a 'getting to know you exercise' as well as 'reviewing the learning.'

Resources: Paper plates or clockface handout.

Time: Five mins for each date if you use a few dates, or up to twenty mins if you work with a 12hr clock.

What to do:

1. Give each participant a paper plate. Have them draw the face of a clock on their plate with a line next to each number (no digitals!).
2. Then have participants walk around and find a 'date' for each hour, writing their name by the hour. The catch is, no one can make a 'date' with more than one person per hour.
3. After everyone has made their dates, speed up time and allow one - two minutes in real time for each hour.
4. You could ask a question for discussion on each date. The pairs will have a chance to get to know one another. For some sample questions see activity 34: Beach ball party, or make up your own.

Make it different:

- If you are short of time, make dates for certain hours during the session when you would like to re-focus the energy. For example, make a date for 10am, 1pm, 3pm. The dates can be for reviewing the learning as well as for 'getting to know you.'

Make a date...

Write your date's name at the time you have arranged to meet.

