



Icebreakers

Beach ball party

- Individual
- Pairs
- Small group
- Whole group

Uses: This is another way of getting the conversations going to find out a bit more about each other. You use the beach ball to choose the focus of the conversation.

Resources: Pre-prepared beach ball/s.

Time: 5-10 minutes.

What to do:

1. Get a large inflatable beach ball and use a permanent fine or medium-point marker to write all of the following questions on it. This will take quite some time, but you can do it some night in front of the television. The resulting tool is an 'icebreaker ball' that you can use for years to come.
2. You can use it in a large group and throw it around. The person who catches it has to answer the question touching their left thumb. They then say their name, answer the question and throw it to someone else.

The following questions are simply suggestions. You can add more serious or in-depth questions, depending upon the level of icebreaker you want this to be:

- What is the first thing you do when you get out of bed?
- What is your favourite film quote?
- Approximately how many jokes do you know by heart? And tell us your favourite.
- If you were to treat yourself, what would you treat yourself to?
- If your life was being turned into a feature length movie, who would play you? And why?
- Where is the worst place you've ever been stuck waiting?
- If you were invisible where would you go?
- What's your favourite biscuit?
- What one object in your home are you most embarrassed about owning?
- What is your greatest addiction?
- What song holds a strong memory for you?
- Approximately, how many books have you read in the past year (excluding school books)?
- Fill in the blank: When I dance, I look like _____.
- What is the longest word you can think of?
- What is the worst occupation in the world?
- What two television channels do you watch most frequently?
- What is your greatest phobia?
- What celebrity irritates you the most?

Continued overleaf.

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- Other than the standard items (credit cards, money, driver's license, etc.), what interesting items do you keep in your wallet/purse?
 - What is the nicest thing you can say to somebody?
 - What is your lifelong dream?
 - What have you tried in life and simply were not good at?
 - How many minutes does it take you to get ready in the morning?
 - What hobby have you always wanted to pick up?
 - If you were any animal, what would you be?
 - What event or technological breakthrough do you think will revolutionise the future?
 - What do you need more of right now?
 - What is the most beautiful word you can think of?
 - What drink do you really dislike?
 - What three adjectives best describe you?
 - What is your nickname (past or present)?
 - What are you most proud of?
 - What age were you when you had your most embarrassing hairstyle?
And what was it?

