



Icebreakers

Speed dating!

- Individual
- Pairs
- Small group
- Whole group

Uses: This activity gives participants a chance to meet a number of people and find out a bit more about them.

Resources: Chairs and space.

Time: 10-20 minutes.

What to do:

1. Arrange an equal number of chairs in parallel rows, facing each other. Make sure you leave enough leg space.
2. Invite participants to introduce themselves to their face partner (the person in front of them). In each round they introduce themselves and respond to the statement made by the facilitator.
3. After a minute of chat, each person moves one chair to their right. This means that they have a new face partner with each round.
4. Play as many rounds as you have time for. Always end on a positive statement.

Some statements to begin; (add your own).

- My favourite television programme is...
- My favourite type of music is...
- If I could travel anywhere new I would go to...
- The thing that makes me the happiest is...
- The most important thing in my life is...
- For a hobby, I...
- I like or hate technology because...
- A book I would recommend..
- My favourite meal is...
- If I could do anything I wanted, I would...
- My dream car is a...
- If I could change one thing about schools it would be...
- A person I really admire is...
- My best piece of advice about learning is...
- If I wasn't doing this job, I would like to..
- In ten years I will be...
- If I were a millionaire I would...
- My favourite film is...
- My favourite place is...
- A time I felt a really successful was....

Make it different:

- Signal the end of each round with a bell or some other sound. Use two circles of people instead of chairs. You have an inner circle and an outer circle. Participants still face each other. Move one or other of the circles, so that people have different partners with each round.

Points to make:

- Getting to know people helps us to relax and be in a better state for the learning to come. The more we find we have in common with people the more likely we are to treat them well.

