



## Icebreakers

# Name secrets

- Individual
- Pairs
- Small group
- Whole group

**Uses:** This is a great activity for finding out a bit more about each person; including how their name is spelt correctly, which is especially important when bringing together groups from different cultural backgrounds.

**Resources:** Flipchart paper.

**Time:** 0-15 minutes depending on group size.

### What to do:

1. Invite each person to come up and write their first name on the flip chart. For each letter of their name, invite them to tell the others something about themselves.

For example, Manjit

M= Many brothers and sisters, in fact five in total.

A= Art was my favourite subject at school.

N= Nightmare on Elm street was a film that really scared me.

J= Jewellery is something I always wear.

I= India was the country I was born in.

T= Teaching was my first full time job.

Note: It may be useful to give people a bit of thinking time to plan their responses. Encourage people to be as honest as possible.

### Make it different:

- Once relationships are a bit more established, groups can come up with a version for each person in their group. It is really important to emphasise the need to be positive about each other.

### Points to make:

- Names are very important to us.
- Each of us is unique.
- Getting to know each other is important for building positive learning relationships.