



Icebreakers

Line ups...

- Individual
- Pairs
- Small group
- Whole group

Uses: This activity is good for teamwork and group co-operation.

Resources: None.

Time: 5-10 minutes.

What to do:

1. Ask everyone to line up in order of their house number. Define where the line should start and stop i.e. number one this side of the room and highest number the other side of the room. Give a time limit (dependent on the age of the participants).
2. When the time is up, ask the participants to call out their number in order and re-adjust the line as necessary.
3. Vary this with height order; shoe size, age etc.
4. Now try in birthday date order (day, number and month), but without speaking. The person starting the line is the one with the closest birthday to January 1st. The last person will be the person whose birthday is the nearest to December 31st. When the group is satisfied that this task is done, ask participants to call out their birthday date in order. Re-adjust the line if necessary.
5. Once the line is in date order, ask for some of the strategies that they used to achieve this task.

Make it different:

- Use PE benches – the participants have the added challenge of staying on the bench.
- A similar idea is using sheets of newspaper laid on the floor. Only two people at a time are allowed on one piece of newspaper.

Points to make:

- Try to draw out the strategies that were used to play the game and the importance of team co-operation and individual responsibility to achieve the task.
- Non-verbal communication is really important in the exercise completed without talking.