



Icebreakers

Find someone who...

- Individual
- Pairs
- Small group
- Whole group

Uses: This is ideal for participants to develop the confidence to speak to each other and to find out more. It can also be used as a starter or review activity.

Resources: Pre-prepared sheets and writing materials.

Time: 5-10 minutes.

What to do:

1. Explain the activity and purpose to the participants.
2. Issue the sheets and writing materials. A sample sheet has been included, but you may want to create your own with your own statements.
3. The participants mingle around, trying to collect as many different names as possible.
4. Either set a time limit or stop when most people have collected all their names. You might have a bell to ring or other signal to stop the activity.
5. The tutor can now lead a discussion on what people have found out about each other.

Make it different:

- For younger or less able participants, replace the writing with pictures of things they have to ask others about.
- Tailor the sheet to revision questions or specific things about the course or programme. (overleaf).



Points to make:

- Encourage participants to speak to people they don't know. You may have to put in some extra rules such as boys can only ask girls and vice versa!
- The object of the activity is to speak to lots of different people, so encourage the participants to ask one question of somebody and then move on.

Find someone who...



Getting to know you

Likes the same sort of music as you.

Write down their name.

Has the same hobby as you.

Write down their name

Has a name that starts with the same initial as your name.

Write down their name.

Wears the same size shoe as you.

Write down their name.

Has the same colour hair as you.

Write down their name.

Likes a book / story / film that you like.

Write down their name and the name of the book or story.

Lives fairly close to you.

Write down their name.

Can tell you what they like about the UFA.