



Icebreakers

Remember that name!

- Individual
- Pairs
- Small group
- Whole group

Uses: This is a great activity for memorising a number of names.

Resources: None.

Time: 10-15 minutes, depending on group size.

What to do:

1. The group stands in a circle. One person begins by thinking of a describing word that begins with the same letter as their name (an alliteration)
e.g. Sunny Sophie.
They also think of an action that goes with that name.
2. One person starts by giving their alliterated name and action. Everybody copies. The next person in the circle repeats the name and action and then adds his/her own. Everybody copies.
3. This continues round the circle until the last person, who has to name all the people and do all the actions.
4. Invite other people to name everybody!

Points to make:

- This activity works with a number of memory processes. We remember actions we complete ourselves; we remember the rhythm created by the alliteration; we remember the place the person was in the circle and who did what. Because we combine all these things we are more likely to remember more of the names.
- In particular, putting actions to learning commits it to 'muscle memory'.

